**Respect Young People's Programme**

A 4 day course to support practitioners to deliver the Respect Young People's Programme

**What is this training course?**

This 4-day training course is designed to support practitioners from a range of backgrounds to deliver the Respect Young People’s Programme (RYPP), an intervention for families experiencing CAPVA (Child and Adolescent to Parent Violence and Abuse). Where children or young people aged between 8 and 18 are abusive or violent towards their parents/guardian. This includes not only biological parents, but also stepparents, adoptive or foster parents, and other family members providing care (including kinship care), such as grandparents, aunts and uncles.

RYPP practitioners provide support, insight and simple solutions to help to improve family relationships via weekly structured sessions and takes about 3 months to complete, longer where there are barriers to engagement.

Sessions are varied and use a variety of tools and techniques. Some sessions are with the whole family, some with the parent and some with the young person. The programme encourages everyone to take a role in stopping the abuse and learning respectful ways of managing conflict, difficulty, and intimacy. The programme reaches its full potential if both the young person and parent(s)/Carer(s) are willing to engage.

**Who is it for?**

This training is for practitioners from a range of professional backgrounds including:

* youth work
* social work
* education
* youth offending teams
* children and family workers

**What will participants learn?**

The training goes through the RYPP programme in detail using a variety of teaching and learning methods, including case studies, group work, skills practice and video work.

Following this course, participants will have the knowledge and skills required to deliver the RYPP.

**The impact of the RYPP**

The impact of the Respect Young People’s Programme goes beyond an individual basis. Whilst its main aim is helping families to repair their relationships. The RYPP is targeted at reducing risk factors associated with later harmful and aggressive behaviour such as:

• Early conduct disorder • Poor attachment • Poor academic attainment / school engagement • Ineffective / permissive parenting • Low empathy • High entitlement • Poor conflict resolution skills • Poor emotional regulation • Risk taking behaviours.

Impact and outcome evaluations of the RYPP have shown statistically significant levels of positive change on young people’s behaviour and well-being. Post-intervention reports from both parents and children reported improvement overall in the mental health of the young person and their behaviour.

A recent evaluation of the Respect Young People’s Programme delivered in Cambridgeshire found that:

* The programme reduced violence and abusive behaviour for all parents and carers in the cohort
* 100% caseation in reported ‘missing episodes’ for the young people involved.
* The programme reduced police callouts by 94%
* For every £1 invested in reducing CAPVA, up to £8.30 in resources.

**How is the training delivered?**

The training can be delivered either online or in person by members of Respect's Young People's Service.

**What is included?**

* 4 days of training for programme delivery staff.
* Implementation support for staff managing the delivery of the programme
* A minimum of 12, 2 -hour, online group practice support sessions for delivery staff.
* A three- year License to deliver the RYPP in your service or locality.
* Access for all trained practitioners to the practitioner area of the Respect Young  People’s Service website for the duration of the license to access online RYPP resources.

**Available online training dates (via Zoom)**

**June 2024**              5th, 6th, 12th, 13th

**Face to Face training**

**June 2024 – dates TBC (last two weeks of the month)**

The closing date for each cohort is two weeks before the start of the course to allow time for getting training resources and manuals sent out.